



Conor Overcomes Sensory Sensitivities!

When Conor was an infant, he took to the Stage 1 & 2 baby foods like a champion. However, around 9 months we tried to introduce him to Stage 3 baby foods and would gag and throw up. We thought he just wasn't quite ready. So a couple weeks later, we tried again. Same result. Months went by and not only was he rejecting textured foods, but he also rejected Stage 1 & 2 baby foods. At 18 months, he completely stopped accepting any kind of baby food.

At about this time, we started to notice that he did not seem to enjoy messy play like other kids his age seemed to enjoy. Going to the park was always stressful, as he did not tolerate the feel of sand or grass on his feet. For several months, we battled to get him to put on a pair of socks and shoes. Even imaginary play seemed to overwhelm him, especially when other kids were involved in an activity with him.

After visiting the Pediatrician, Neurologist, Gastroenterologist, and a Developmental Pediatrician, he was diagnosed with low muscle tone and Sensory Processing Disorder, so food textures and other tactile stimulus were processed as discomfort.

When we moved to Sioux Falls in March 2010, we discovered Time 2 Shine. Since then, Conor's been celebrating many successes in his progress towards conquering his sensory sensitivities. He is able to play in sand and finger paint. Clothing no longer is a fight. He is becoming more and more comfortable playing with other kids, and talks about the games he plays with other kids. Most importantly, he's developed an interest in foods, whereas before, he would have anxiety just talking about it. Time 2 Shine has helped train him to control food in his mouth to keep him from gagging on everything he wants to try.

Conor graduated on September 30th, and we are so sad to say goodbye to Time 2 Shine. Paul and Julie have been such a big part of Conor's transition to Sioux Falls and have helped him develop tremendously. However, we could not be happier with the results achieved in his 6 months of attending Time 2 Shine!

Dave & Christy Weems

Board Members

- Paul Graumann,** Co-President MS CCC -SLP
Time 2 Shine Therapy
- Julie Klusmann,** Co-President OTR/L
Time 2 Shine Therapy
- Nordell Griebel,** Treasurer CPA
- Jordan Braa,** Technology; Web design
- Tom Babb,** Clinical pharmacist
- Laurie Thompson,** Accounts Receivable
Specialist

Sensory Processing Disorder (SPD)

- Sensory Processing is the neurological process of organizing our sensations so that we can successfully manage in the world. It is an unconscious process and occurs without us thinking about it.
- It helps us sort through incoming sensory information to focus on a certain activity. It is the foundation of learning including daily living skills, social skills as well as academics.
- What we see, hear, smell, touch and taste translates into our day -to-day, moment-to-moment experiences.
- The vestibular and proprioceptive senses give information about our bodies and environment.
- The Vestibular system involves balance and movement, proprioceptive sense involves input from muscles, joints and body parts.
- Our senses all need to be in tune to direct our sensory input and bring them all together to function successfully within our environments in a seemingly effortless manner.

(Taken from the book The Ultimate Guide to Sensory Processing Disorder by Roya Ostavar, PhD)

Highlights

Grants:

- Sioux Falls Area Community Foundation**
(allocated towards new therapy equipment) **\$2,767.00**
- Sioux Valley Energy** **\$2,000.00**
(allocated towards family tuition assistance)
- 1st National Bank of Sioux Falls** **\$100.00**
(matching grant)

Donations:

- | | |
|-------------------------------------|----------------------|
| Creative Child Magazine | Toy donations |
| Steve & Danette Morehead | Gift of money |
| Donna Konstanz | Gift of money |
| Frank and Marilyn Alvine | Gift of money |
| Tim and Dena Akridge | Gift of money |
| Dennis and Mary Erickson | Gift of money |

Monthly Givers:

Francis Hlebichuk

*Donations for
Time 2 Shine Therapy*

Can be sent to:
Time 2 Shine Therapy
1908 W. 42nd St Suite B
Sioux Falls, SD 57105
www.sfearlyintervention.org
359-8723 Julie; 351-7976 Paul

OR

Donate online through our website or under the Causes link on our Facebook fan page!



If you are interested in our services please call Paul (605)351-7976 or Julie (605) 359-8723